

EDITORIAL



February 2016 was an amazing month for us, a little over a year after we had opened we were on a stage in London picking up the award for the best small salon in the UK at the Professional Beauty Awards. Fast forward 2 years and we found ourselves at the Professional Beauty Awards once again this time picking up an award for the best large salon in the North East.

2016 was and will always be very special to us but to carry on and manage to keep the same high standards whilst expanding to a size we never imagined, envisaged or planned is a testiment to everyone who works at the salon and to my wife Samantha who is relentless in her pursuit for perfection and unflinching in how she wants her salon presented and run.

It was fantastic as well to see the joy on the faces of the girls who were able to join us for the night and a true reward for them and everyone else concerned. Winning the award now means we travel to London in February to represent the North East in the National Final, something as a Londoner I find quite amusing but very proud.

It was also really nice to meet so many other salon owners who were not only pleased for us but who told us that they see us as an inspiration and a business that they look up to and want to emulate. It all still seems very surreal to us as to be honest we really do not think we do anything special, just how things should be done.

It's been a busy few months for us as always seems to be the case here at the salon, we've seen new staff arrive, all of whom will add something to the team and the departure of Jemma and Megan who both move onto new chapters in their lives. We've launched 2 new brands that are exclusive to us in Vitage & LightFusion to really give us a full and comprehensive facial treatment menu.

Vitage is a wonderful oportunity to allow us to bring great skincare to as many clients as we can with the £40 Facial.

LightFusion is a wonderful addition to our facials, both as a stand alone treatment and one to add to any facial we provide. It really enhancing the results and benefits of all the facials at the salon.

the salon.

As we move towards the end of another wonderful year at the salon we have tips on the essential products that will help your skin through the winter months along with treatments perfect for the Christmas party season. It leaves me just to wish everyone a very Merry

Christmas and a Happy New Year. Let's hope 2019 will be another year to remember.

Paul Beatty







INTRODUCING VITAGE AT BATG

The Beauty Industry's best kept secret - Vitage The £40 Facial



Here at Beauty and Man at the Gate it is really important for us to try and give back to the clients who have supported us over the years and helped us to become the success that we are.

We recently launched Vitage & LightFusion facials at the salon, these are exclusive to us within the area and they allow us to bring a new type of facial to our clients old and new and give us the opportunity to try and make facials accessible to as many as we can.

Vitage was initially formulated and introduced to the UK in 1998 by Dr Patrick Bowler, founding member and Fellow of the British College of Aesthetic Medicine, becoming one of the first gentle antioxidant ranges produced for the professional market.

Fuelled by antioxidants and botanical ingredients, this gentle yet effective range encompasses everything you need for healthy, plumper and younger-looking skin. Each multitasking product is created and endorsed by skincare experts to offer unbeatable results.

Our Therapists have been trained to bespoke every single facial to the individual needs of our clients. A thorough consultation allows us to tailor very specific ingredients into the treatment to deliver results whilst ensuring a relaxing atmosphere in luxurious surroundings.

Our £40 Facial is 60 minutes of relaxation coupled with ingredients derived from fruit enzymes, botanical extracts, Vitamin C, advanced anti-oxidants and peptides that help to combat the ageing process as naturally as possible

Along with the facials, Vitage has now expanded and developed a retail range of products, giving the consumer professional results at affordable prices. With a wide range of products for perfecting skin, every skincare solution we provide is created and endorsed by skincare experts to offer unbeatable results.



We want as many clients as possible to enjoy the sevice we provide and have purposely priced this facial as low as we can to allow more clients to come and sample the atmosphere and care that comes from a multi-award winning salon along with sourcing a skincare range that delivers results at High Street Prices.





Products to Protect Your Skin Through Winter

Now that winter is here, it's time to embrace cosy knitwear, indulge in creamy hot chocolates, and switch up your skincare. Blasts of cold weather, indoor heating, indulgent get-togethers and the stress of the season's festivities can cause unwanted blemishes and a dry complexion, but making a few simple changes to your daily routine can help to keep your skin looking and feeling healthy.

Moisturise

Rehydration is essential in the winter. Being exposed to harsh weather may leave your skin feeling dry and looking dull, so using a rich, nourishing moisturiser can really help to repair and protect the skin's cells.

We love: Medik8 Advanced Day Total Protect

This intensely hydrating SPF 30 moisturiser is the most advanced Medik8 day cream ever. Advanced Day Total Protect is formulated to include Pollution Shield, anti-infrared, anti-blue light and anti-A.G.E technology. With the addition of SPF 30 and 5* UVA protection, this lightweight moisturiser has been created to help prevent premature skin ageing. Fine lines and wrinkles are visibly reduced whilst skin is protected from damage caused by free-radicals, making this daily hydrator great for total environmental protection.

RRP £55.00



We love: Vitage Advanced Moisture **Boost**

Deeply nourishing and hydrating moisturiser which boosts skins moisture levels. Soothes skin leaving it feeling calm and protected as well as immediately helping to restore dull ,tired, dehydrated skin. Skin appears plumper, smoother and more youthful looking. Suitable for all skin types and ages.

RRP £39.00



Exfoliate

Exfoliating not only helps to remove dead skin cells, leaving a brighter, more radiant complexion, but it enables the skin to absorb products more efficiently. In winter, gentle exfoliation will be much kinder to skin.

We love: Elemis Gentle Rose **Exfoliator**

Rose has wonderful calming properties, and added Jojoba and Cucumber extracts means this exfoliator is great for soothing and nourishing as well as washing away dead skin cells and built-up impurities.

RRP £32.50



We love: Dermaquest Algae Polishing Scrub

This cooling scrub uses jojoba beads to remove excess skin cells through gentle exfoliating, leaving the skin smooth and prepped for advanced treatment products. Deeply hydrating, this scrub primes the skin for water absorption while relaxing algae extract soothes inflammation.

RRP £25.00

Cleanse

When it comes to cleansing in the winter months, opt for a cream cleanser which is much softer on the skin, helping to remove impurities and make-up without being harsh on the skin's natural oils.



We love: Vitage Essential Cleansing Balm

A gentle, lightweight multi-tasking cleansing balm that thoroughly cleanses, helps to melt away make up and leaves skin feeling fresh, clean and hydrated. Packed full of natural oils that blend together to efficiently yet gently remove impurities from the skin, whilst also removing any excess oils. The natural multipurpose Marula Oil we use in this balm contains powerful antioxidants and is renowned for being naturally soothing and fast absorbing.

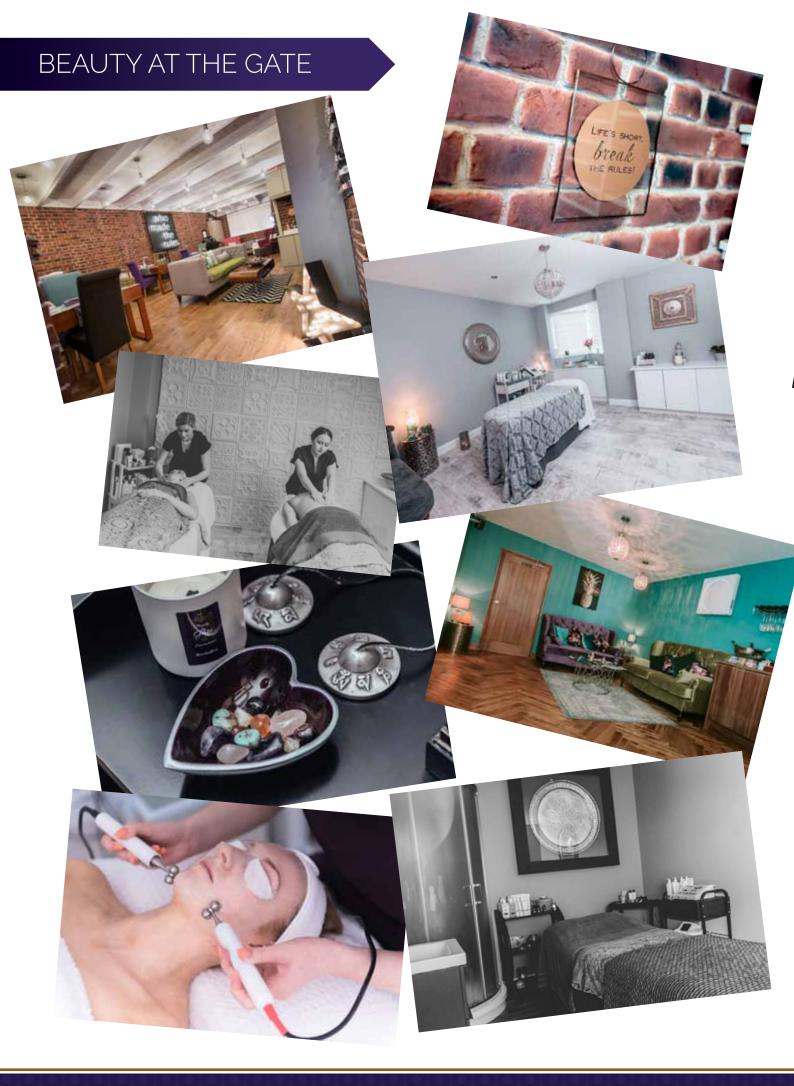
RRP £36.00

We love: Medik8's Calmwise Soothing Cleanser

With sensitised skin in mind, Calmwise Soothing Cleanser™controls the appearance of redness at its root cause whilst providing quick relief for red, angry skin. This foaming cleanser calms daily environmental stress, discomfort and skin irritation by improving the barrier function of the skin and upholding hydration. With naturally green chlorophyll for healing and antioxidant properties, vitamin K for improving skin health and patented teprenone to soothe distressed and inflamed skin. Skin is gently cleansed with impurities and make-up removed to leave the skin hydrated, detoxified and calmer without its natural protective oils being effected.

RRP £21.00









THE HEALING POWER OF DERMALUX



Beauty at the Gate client Luciee Carlton recently had a serious accident at home with some hot soup that left her face with 2nd degree burns and potentially some scaring.

After a few days of letting it settle down Luciee then came to the salon for a intensive course of Dermalux.

Dermalux is an multi award winning, non-invasive skin treatment which accelerates the body's own natural repair processes to combat the signs of ageing (including lines and wrinkles on the face, hands or body) sunburn, skin

damage, pigmentation and overall skin health.

Our Dermalux®
Tri-Wave systems
combine Blue 415nm,
Red 633nm and Near
Infrared 830nm which
are the most
internationally
recognised
and clinically
evidenced
wavelengths
for LED
Phototherapy. By harnessing the power
of these 3 specifically chosen light

a variety of common skin conditions.

We untilised all 3 light waves to
treat Luciee because her injuries
needed rapid treatment

waves, Dermalux can be used to treat





and using all 3 lights aided with speeding up recovery, reducing inflammation, stimulating collagen, increase hydration and protecting from infection. We coupled the treatments with homcare from Medik8, Gentle Cleanser and Ultimate recovery helped Luciee's skin recover away from the salon in between treatments.

The treatments also helped to prevent Luciee from suffering from future hyper-pigmentation. Luciee is delighted with the results and extremely relieved to have not been left with any scaring. She has been banned from warming up soup in the microwave

As you can see from the images, Luciee has virtually fully recovered and has not suffered any lasting damage to her skin. Dermalux is available at the salon as a stand alone treatment or as an addition to any facial.





After just one treatment, Dermalux® instantly energises skin cells to revitalise a dull and tired complexion. A course of treatment offers long lasting results, stimulating the skin's natural rejuvenation and repair processes to promote healthy looking skin, accelerate cell renewal and resolve a range of skin concerns.

Great skin doesn't happen by chance. Discover the benefits of Dermalux® and find out how this award winning treatment can transform your skin.



CHRISTMAS PARTY SEASON TREATMENTS

It's the countdown to the festive season and the pressure is on to get glam for the Christmas party. This time of year can leave you a bit frazzled in the race against time to organise presents, food and drink so the last thing you need is complicated skincare and beauty routines that are impossible to stick to.

Here's our pick of BATG treatments that give maximum results in the minimum time for instant Christmas party glam.



A-LIFT

A-Lift gives an instant visible lift and radiance which is why it's the treatment favoured by celebrities. It's the perfect treatment to have before a Christmas party to put the sparkle back in your complexion and give you a youthful glow!

A-Lift is a fantastic anti-ageing facial that works by using nano-currents, an electrostimulation with such tiny wavelengths that they can't be felt, to re-energise the cells in the face and neck.

In other words, A-Lift helps to recharge the batteries in your skin cells which over time have lost energy and that youthful look. The result is loss of volume as the muscles in the face, neck and jaw start to saq.

A-Lift is a pain free, non-invasive treatment that doesn't use injections or chemicals meaning no side effects and no downtime! 'With immediate results and long-lasting effects, it's like airbrushing the signs of ageing away' Karen Betts, Founder of Nouveau Skin Therapy



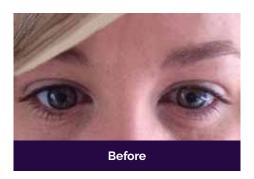
HD Brows

We love HD Brows here at BATG and it's one of our most popular treatments so we know you love it too!

HD Brows concentrates on defining the shape and colour of your brows using a 7 - step technique that combines waxing, tinting & threading. Created by 'Brow Queen' Nilam Holmes-Patel, it focuses mainly on brow design and shape rather than hair removal.

Our HD Stylists take into account your face shape, hair growth, personality and expectations to design the best brows tailored exclusively to you, consulting with you at every stage to ensure that the brows not only enhance your natural features and frame the eyes perfectly but that they are exactly as you want them in terms of shape and colouring.

HD Brows first saw recognition on shows like the X-Factor and is loved by many celebrities including Kylie Minogue, Rochelle Hulmes and Ellie Goulding. It is a quick, easy and modern way to bring out the best in your natural features and a must for party season!



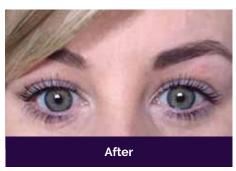
LVL Lashes

LVL Lashes is another favourite here at BATG and perfect for creating a natural wide eyed look to enhance your Christmas party make-up with minimum effort.

LVL enhances your natural lashes to really make your eyes pop without the use of extensions or perming. It's a revolutionary natural lash treatment that's also a great time saver - you can wake up with fantastic looking lashes and say goodbye to mascara for good- LVL adds natural Length, Volume and Lift!

The treatment uses an innovative technique to gently lift and straighten the lashes using silicone shields instead of rods, these are far more comfortable during the treatment and much kinder to your lashes. Another key difference is that the LVL formulation actually straightens the lash rather than curling it, resulting in a superior lift, added volume and longer looking lashes.

There's no need for harsh chemicals which are used in perming or extensions that are attached to the lash with adhesive, both of which can leave you with sparse or damaged lashes.



Beauty at the Gate Price List

Facial Treatments		Laser Tattoo Removal		Elemis Power Poultis 60 mins	
BATG Facials 90 mins including const	ultation		per Session	Elemis Thousand Flower Deto:	
The Facial		Consultation 30mins	£20.00	Book a Body & Massage Treatme	
Dermatude 40 mins including consult	ation	(Redeemable against treatment) Small Area	£45.00	together for 25% off	
Skin Needling Facial	£55.00	Medium Area		Pregnancy Massage 75 mins	
Medik8		Large Area		Swedish Massage 30 mins	
Prescriptive Facial	£49.00	Book and pay for a course of 6 S	essions,	Swedish Massage 60 mins Aromatherapy Massage 60 mins	
Prescriptive Chemical Peel	£64.00	Pay for ONLY 5		Reflexology 60 mins	
up to 40 mins including consultation		3D-Lipo Treatments		Indian Head Massage 30 mins	
LightFusion Addition			per Session	Hopi Ear Candling 30 mins	
Vitage/LightFusion Anti-Oxid		Cavitation Medium Area		Lycon Precision Strip/Ho	
Facials 30 - 70 mins including consultat		Cavitation Large Area		Waxing	,,
LightFusion Bespoke Facial		Cryolipolysis Single Area			
Vitage Bespoke Facial		Cryolipolysis 2 AreasRadiofrequency		Chin Hot Wax	
SkinFusion Bespoke Facial		Dermology		Upper Lip Hot Wax	
A-Lift 50 to 90 mins including consultati		The Clinic		Upper Lip & Chin Hot Wax Eyebrows HD Cream Wax	
Angelic Ritual				Upper Lip, Eyebrows & Chin	£15.00
Pure Zenergise		Consultation 30mins	£25.00	Hot Wax & HD Cream Wax	£25.00
Youthful Enlightenment		(Redeemable against treatment)		½ Arm Strip Wax	
Divine Indulgence		Bespoke Pain Management or		Full Arm Strip Wax	£22.00
Elemis Biotec 60 mins including cons		Rehabilitation Session	Co	Lower ½ Leg Strip Wax	
Line Eraser		20 mins Session		Upper Half Strip Wax	
Firm-A-Lift		40 mins Session		Full Leg Strip Wax	
Anti-Pigmentation		Bespoke Clinical Session	£50.00	Bikini Hot Wax	
Skin Resurfacer	~ -	30 mins Session	£30.00	Full Leg & Bikini Hot & Strip Wax	
Radiance Renew		60 mins Session		Californian Hot WaxG-String Hot Wax	
Blemish Control		Sports/Therapuetic Massage		Hollywood/Brazilian <i>Hot Wax</i>	
Sensitive Skin	£54.00	30 mins	£30.00	Electrolysis	230.00
Elemis Touch Facials 60 mins including consultation		60 mins	£45.00		
Superfood Pro-Radiance	£42.00	Acupuncture		15 mins Session	
Anti-Blemish & Cam		Standard 45 mins		30 mins Session	
Sensitive Skin Soother		Electrical 30 mins	£44.00	45 mins Session	
Pro-Collagen Age Defy		Cupping 40 mins Session	£27.50	60 mins Session	
Dynamic Resurfacer				Brow And Lash Treatmer	ILS
LightFusion Addition		Jennifer Young Beauty D	espite	HD Brows	£26.5 (
Dermalux LED PhotoTherapy	.	Cancer Treatments		LVL Lashes	
Single Session	£30.00	Glowing Facial		Brow Tint	
Addition to any Facial		Indulgent Massage 30 mins		Eyelash Tint	£15.00
Laser Hair Removal		Indulgent Massage 60 mins		Brow & Lash Tint	
		Balanced Body & Mind 60 mins.		The Room at the Gate Na	ail
	st per Session	Top to Toe 90 mins		Treatments	
Consultation 30mins(Redeemable against treatment)	£20.00	Massage, Body & Holisti	C	Gel Manicure	£29.00
Chin	£27.50	Treatments		Gel Pedicure	
Upper Lip		Elemis Deep Tissue Massage		Shellac Manicure	
Sideburns		30 mins	£30.00	Shellac Pedicure	
Neck		Elemis Deep Tissue Massage		Zoya Organic Manicure	
Underarms		60 mins		Zoya Organic Pedicure	
½ Arm		Deeper than Deep Hot Stone		Jessica Manicure Jessica Pedicure	
Full Arm		30 mins		File & Polish	
Lower ½ Leg		Deeper than Deep Hot Stone		Shellac Removal (Ours Only)	
Upper ½ Leg Upper ½ Leg		60 mins Elemis Intense Cleansing Salt		Gel Removal (Ours Only)	
Full Leg		30 mins		Removal with Re-Application	
Bikini		Elemis Body Nectar Nourishin		French Polish	£6.50
Californian		60 mins		Effects/Glitter up to 2 nails	
G-String		Elemis Hot Mineral Body Boos		Effects/Glitter more than 2 nai	
G-String Hollywood/Brazilian		60 mins	£49.00	Nail Art from	
		Elemis Targeted Toning Tighte	ner	Repairs from	£5.00
Book and pay for a course of 6 Pay for ONLY 5 - Book more tha		60 mins		IBX Initial Treatment	
20% discount		Elemis Garden of England Ros		IBX Maintenance	£14.00
		Restore 60 mins	£49.00		













Man at the Gate Price List

Facial Treatments	Laser Tattoo Removal
Medik8	Cost per Session
Prescriptive Facial£49.00	Consultation 30mins£20.0 (Redeemable against treatment)
Prescriptive Chemical Peel£64.00 up to 40 mins including consultation	Small Area£45.0 Medium Area£70.0
LightFusion Addition£15.00	Large Area £90.0
Vitage/LightFusion Anti-Oxidant Facials 30 - 70 mins including consultation	Book and pay for a course of 6 Sessions Pay for ONLY 5
LightFusion Bespoke Facial £30.00	The Clinic
Vitage Bespoke Facial £40.00	
SkinFusion Bespoke Facial£55.00	Consultation 30mins
Elemis Biotec - 60 mins	Bespoke Pain Management or
Supercharge £54.00	Rehabilitation Session
Elemis Touch Facial - 60 mins	20 mins Session£25.0
High Performance£42.00	40 mins Session£40.0
Dermalux LED PhotoTherapy	60 mins Session£50.0
Single Session£30.00	Bespoke Clinical Session 30 mins Session£30.0
Addition to any Facial £20.00	60 mins Session
Laser Hair Removal	Sports/Therapuetic Massage
Cost per Session	30 mins£30.0
Consultation 30mins£20.00	60 mins£45.0
(Redeemable against treatment) Neck£45.00	Acupuncture
Chest	45 mins Standard£37.5
Lower ½ Leg	30 mins Electrical£44.0
Upper ½ Leg	Cupping
Full Leq	40 mins Session£37.5
½ Back£70.00	Massage, Body & Holistic
Full Back£120.00	Treatments
Torso£120.00	Elemis Deep Tissue Massage
Book and pay for a course of 6 Sessions,	30 mins£30.0
Pay for ONLY 5 Book more than 1 area 20% discount	Elemis Deep Tissue Massage 60 mins£42.5
3D-Lipo Treatments	Deeper than Deep Hot Stone Massage 30 mins£30.0
Cost per Session Cavitation Belly Buster£70.00	Deeper than Deep Hot Stone Massage 60 mins£42.5

CC LIST
Laser Tattoo Removal
Cost per Session
Consultation 30mins
Small Area£45.00
Medium Area £70.00
Large Area £90.00
Book and pay for a course of 6 Sessions, Pay for ONLY 5
The Clinic
Consultation 30mins
Bespoke Pain Management or Rehabilitation Session
20 mins Session
40 mins Session£40.00
60 mins Session
Bespoke Clinical Session
30 mins Session
60 mins Session
Sports/Therapuetic Massage
30 mins
60 mins
Acupuncture
45 mins Standard£37.50
30 mins Electrical£44.00

Reflexology 60 mins £40.00 Indian Head Massage £30.00 Hopi Ear Candling £30.00
Jennifer Young Beauty Despite Cancer Treatments
Glowing Facial
Ears Hot Wax
HD Brows £25.00 LVL Lashes £40.00 Brow Tint £10.00 Eyelash Tint £15.00 Brow & Lash Tint £20.00 Nail Treatments Luxury Manicure £18.00 Luxury Pedicure £24.00

Swedish Massage 30 mins......£30.00

Aromatherapy Massage 60 mins.......**£42.50**



Beauty at Gate Exclusive VIP skincare membership

- 1 Free 45 minute facial including consultation
- Exclusive VIP Membership Card
- Free Skincare Information Pack & Samples
- Exclusive News & Offers
- 10% off ALL Retail Products for 12 months
- 10% off ALL Facials for 12 months

ONLY £49.95







Opening Hours

Monday - Friday 9:15am - 8:45pm

Saturday 9:15am - 5:00pm

Sunday 11:00am - 4:00pm

We are open 7 days a week. Because we know how busy life can be. We're there for you when you need us, which is usually outside of office hours, when you're not working and the shops are closed. We know how hard it is trying to fit in some 'me' time so we offer appointments every weekday up to 8:45pm, on Saturdays to 5.00pm and we even open on Sunday between 11am and 4:00pm. Telephone: 01472 289555











